

## **You'll Never Walk Alone: Residents and staff complete 100 laps of Kent care home in memory of the late Captain Tom**

Staff and residents at a Kent care home rallied together to complete 100 laps of the home's dining area in honour of the late Captain Sir Tom Moore.

Walking to the tune of Gerry and the Pacemakers' "You'll Never Walk Alone", almost 30 residents and staff at Woodstock Residential Care Centre, in Sittingbourne, tallied up 100 laps between them in memory of Captain Tom, who sadly passed away last week.

In honour of the national hero, who raised more than £32million for the NHS after walking 100 laps of his garden last spring, the home completed the inspired challenge to raise funds for NHS Charities Together.

Marina Foreman, Senior Recreation and Well-Being Lead at Woodstock, said: "We've followed Captain Tom's journey closely since last spring having been inspired by his incredible achievements. After giving us so much hope last year, we wanted to take part in our own 100-lap challenge in memory of the great man. Almost 30 of us took part throughout the day, with the oldest resident among us being 97 years old. We all had cards which would get stamped upon completion of each lap to the tune of You'll Never Walk Alone. We also had a big banner adorned in the dining area in honour of Captain Tom, which spurred us all on – it was such a special occasion, and everyone embraced the challenge.

She continued: "Some of our residents who are unsteady on their feet or in wheelchairs were assisted by staff. It was a true team effort. We just wanted to do our small part for a man who has made us all feel very proud to be British during these hard times."

Woodstock Residential Care Centre is part of Nellsar, a family-run group of 13 care homes throughout Kent, Surrey and Essex. Built on strong foundations, Nellsar has worked hard to build the trusted reputation of its homes and prides itself on being approachable, accountable and 'hands-on' in its relationships with the families it supports.

For more information on Woodstock and Nellsar, please visit <https://woodstock.nellsar.com/>.

For more information on NHS Charities Together, visit <https://www.nhscharitiestogether.co.uk/>.

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**About Nellsar**

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