

Improving End of Life Care for People with Dementia *during Covid-19*

10% card payments discount*
15% group booking discount**

Tuesday 27th April 2021

Virtual Conference



Chair and Speakers Include:

Ian Donaghy
*Author 'DearDementia'
& 'The Missing Peace'*

Dr Prasanna De Silva
*Consultant Psychiatrist
& Senior Lecturer
Northumberland Tyne
and Wear NHS Trust*

Dr Sarah Russell, RGN
*Professional and Practice
Development Facilitator
(South West)
Dementia UK*

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CONFERENCES UK**



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This virtual conference will include will provide you with the full conference experience from your workplace or home.

The Virtual event will include:

- Live and pre-recorded sessions
- A dedicated landing page including supporting abstracts, resources and powerpoint presentations
- Interactive Breakout groups
- Live Q&A sessions and polls
- Virtual networking with fellow delegates and speakers
- Additional educational taster sessions
- a secure server with password protected entry exclusively for attendees
- CPD accreditation

“Over the past six months I have been so shocked and saddened to see people affected by dementia hit hardest by coronavirus. More than a quarter of those who died in England and Wales had dementia, which means it is the most common pre-existing condition for coronavirus deaths. The biggest spike in excess deaths was also in people with dementia. Even without including deaths attributed to coronavirus, twice the number of people with dementia died at the pandemic’s peak compared to what would normally be expected. Every one of those thousands of deaths leaves behind a grieving family – the loss of a partner, a parent, a grandparent, a friend... We must prevent this from ever happening again and give people with dementia the dignified care they deserve.”

Kate Lee, Chief Executive, Alzheimer’s Society, September 2020

“Ensuring that a person with dementia’s needs, rights and wishes for care are respected has always been challenging for families; overwhelming bureaucracy, a lack of understanding of dementia from key professionals and difficult decisions for families around end of life care prevail. The coronavirus has of course now compounded these issues, particularly given the high number of excess deaths we are seeing in dementia.” Dr. Karen Harrison Denning, Head of Research and Publications at Dementia UK September 2020

“Many people do not perceive dementia as a terminal condition, and yet the life expectancy for someone with dementia in a care home is the same as for someone with metastatic breast cancer. Firstly, we know that people with dementia do poorly in terms of end of life care but have many of the same symptoms in their last days of life... it is precisely because people with dementia will ultimately lose capacity that the opportunity to offer advance care planning at an earlier stage must not be lost.” NHS England

This timely conference focuses on the important issue of improving end of life care for people with dementia during Covid-19. People with dementia have been incredibly and disproportionately badly impacted by Covid-19, it is imperative that we ensure people are supported and cared for effectively at the end of life during this challenging time. The conference will demonstrate, through national updates and practical case studies how you can improve end of life care for people with dementia in your service. **This conference will enable you to:**

- Network with colleagues who are working to improve end of life care for people with dementia
- Learn from the lived experience of a person with dementia during Covid-19 and a carer of someone with dementia at the end life
- Understand how to support people with dementia and improving end of life care through Covid-19
- Learn from outstanding practice in delivering a palliative care approach to people with dementia at the end of life
- Reflect on national developments and learning including the NICE Quality Standard for Dementia and the decision-making guide for dementia carers
- Improve the way you deliver advanced care planning during Covid-19 including supporting family carers of people living with dementia to make difficult decisions
- Develop your skills in effective symptom control including the management of behavior that challenges
- Ensure best practice in prescribing to avoid cognitive side effects and delirium at the end of life
- Learn from case studies of best practice in hospitals, care homes and the community
- Identify key strategies for predicting and recognising last days of life and managing uncertainty
- Self assess and reflect on your own practice

10.00 Chair Welcome and Introduction

Ian Donaghy *Keynote Speaker, Conference Host, Trainer, Author of Dear Dementia & The Missing Peace*

10.10 Learning from lived experience: Living with Dementia through Covid-19

Person with Dementia

- living with dementia through Covid-19
- supporting carers
- providing care during Covid-19

10.40 Covid-19 & Dementia: Supporting people and improving care through Covid-19

Dr Sarah Russell, RGN

Professional and Practice Development Facilitator (South West)
Dementia UK

- the impact of the Covid-19 pandemic on people with dementia and their carers
- how can we better support people at the end of life?
- how can we better support carers during the pandemic?
- working with care homes
- recommendations for improvement

11.10 *Questions & answers followed by comfort break & virtual networking*

11.30 EXTENDED SESSION: Putting personal experience first

Ian Donaghy

Keynote Speaker, Conference Host, Trainer
Author of Dear Dementia & The Missing Peace

This session includes exercises in small breakout groups

- what is experience of care?
- end of life care planning for dementia: a personal journey
- ensuring engaged, informed individuals and carers
- the little things that make a big difference
- meaningfully engaging and involving people
- improving information about what to expect at the end of life
- working with care homes through Covid-19

12.15 EXTENDED SESSION: How can we improve end of life care for people with dementia and their carers through the Empowering Better End of Life Dementia Care Programme (EMBED-Care)

Dr Clare Ellis-Smith

Lecturer in Palliative Care, King's College London

with Dr Nathan Davies

Senior Research Fellow, University College London,
Work Stream Leads, EMBED-Care Programme

- improving assessment of unmet needs
- enhancing communication in routine care
- managing complexity in dementia palliative care
- developing novel simple and acceptable decision tools to support decision making
- developing and evaluating a complex intervention: EMBED-Care intervention
- the challenges of Covid-19

13.00 *Questions & answers followed by lunch break & virtual networking*

13.45 Prescribing to avoid cognitive side effects and delirium at the end of life

Delia Bishara

Consultant Pharmacist, Mental Health of Older Adults & Dementia
South London and Maudsley NHS Foundation Trust

- cognitive side effects of medication
- risks associated with anticholinergic medication in older people
- safe prescribing to avoid delirium
- medications management and review

14.15 Improving end of life care for people with dementia in a hospital setting

Sarah Merrill

Admiral Nurse

with Melissa Grundy

Admiral Nurse

University Hospitals of Leicester NHS Trust

- improving hospital staff confidence in recognition of end of life in dementia patients
- improving and acting on advanced care plans
- supporting people in hospitals with advanced dementia towards the end of life
- symptom control at the end of life
- delivering a dementia friendly hospital
- managing families expectations in dementia care at end of life

14.45 *Questions & answers followed by comfort break & virtual networking*

15.00 Managing behaviour that challenges at the end of life

Dr Prasanna De Silva

Consultant Psychiatrist & Senior Lecturer
Northumberland Tyne and Wear NHS Trust

- improving your skills in managing the behavioural and psychological symptoms of dementia: what we have found works
- our experience of working with services to improve understanding of BPSD'
- understanding anxiety due to covid-19
- training and educating frontline staff in care homes

15.30 Predicting and recognising last days of life and managing uncertainty

Dr Adrian Treloar

Trustee

Hope for Home &

Consultant and Senior Lecturer in Old Age Psychiatry
Oxleas NHS Trust and the Institute of Psychiatry

- what can multi professional teams do to reduce the impact of uncertainty of recognising when a person is entering the last days of life?
- identifying how the uncertainty of recognising when a person is entering the last days of life influences information sharing, advanced care planning and the behaviour of healthcare professionals
- ensuring all staff can recognise signs and symptoms that indicate that adults are likely to be entering their final days of life; or that they may be recovering?
- managing and communicating uncertainties in dementia & end of life care

16.00 Improving end of life care for people with dementia in care homes & the community during Covid-19

Nadra Ahmed OBE

Chairman

National Care Association

- improving care support during Covid-19
- meeting preferred place of care for care home residents
- supporting people in the community with advanced dementia towards the end of life
- opportunities to reduce inappropriate hospital admissions at end of life

16.30 Planning ahead and reducing stress: Supporting family carers to make difficult decisions during Covid-19

Dr Karen Harrison Dening

Head of Research and Publications
Dementia UK

- the reality of living at home with dementia as it advances
- supporting family carers to make difficult decisions during COVID-19
- current issues around do not resuscitate orders, legal issues like power of attorney, and ensuring that health and social care professionals understand what is important to the person they are caring for when that patient's loved ones can't be by their side
- the decision-making guide for dementia carers

17.00 *Question & answers, followed by close*

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Venue

This is a virtual conference with a live stream on Zoom, interactive breakout sessions and resources available on a secure landing page for three months after the event date.

Date

Thursday 28th January 2021

Conference Fee

- £295 + VAT (£354.00) for NHS, Social care, private healthcare organisations and universities.
 £250 + VAT (£300.00) for voluntary sector / charities.
 £495 + VAT (£594.00) for commercial organisations.

* Credit Card Discount

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