

Help us to fight for you...

Social Care is seldom out of the enews highlighting the challenges faced by providers. No-one knows or understands the issues like you do, as you are at the delivery end of a service which has suffered from neglect for over a decade. We at National Care Association (NCA) spend a great deal of time representing your views at all levels of government and will continue to do so.

We are really keen to raise our voices to a level which will be better heard, and that is if you join in.

We hope that you will consider doing this as the Autumn Statement by the Chancellor is just around the corner. We send out a lot of information about what we are doing and what is happening so getting some background just means looking at the [website](#) or reading the enews you receive weekly. We have set up a simple guideline for you and I would urge you to put pen to paper for next week as we set out our care summit briefing to Parliamentarians. You will receive an advance copy over the weekend to give you some background to the campaign.

Please write to your local councillor or MP and ask them to improve social care

When writing to your councillor or MP you must include your full postal address in order for them to see you are a constituent.

- Begin with a friendly introduction to the subject of your letter
- Including your own personal feelings about the subject will give your letter greater impact
- Offer personal experiences, for example seeing how it enables you or someone you know to live independently
- Your feelings on the importance of social care as a lifeline for frail and vulnerable people to help them maintain their independence
- Highlight some of the findings of our research
- Ask local councillors and MP's to pledge to steps to make social care more accessible
 - Making sure information is easily accessible, as required by the Care Act 2014
 - Ask to meet with them
- Make sure you end the letter by saying you look forward to hearing from them and about their plans to improve support for people accessing health and social care services.

Who is my local councillor or MP?

<http://www.parliament.uk/mps-lords-and-offices/mps/>

<https://www.gov.uk/find-your-local-councillors>

Got a reply?

If you get a response please send a copy to us by email or post press@nationalcareassociation.org.uk

National Care Association
Suite 4, Beaufort House, Beaufort Court
Sir Thomas Longley Road, Rochester, Kent, ME2 4FB